

"Take also unto thee Wheat
Lentils and Millet and
in one vessel and



and Barley and Beans and
Spelt and put them
make bread of it..."
— Ezekiel 4:9

EZEKIEL 4:9

SPROUTED • FLOURLESS
BURGER & HOT DOG BUNS



Because the
RIGHT BUN...
makes all the
DIFFERENCE!



Do
something
good for
your body
today.



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EZEKIEL 4:9

FLOURLESS SPROUTED-GRAIN BUNS

EZEKIEL 4:9® SPROUTED WHOLE GRAIN BURGER BUNS

NUTRITION FACTS: Serving Size ½ Bun (38g), **Calories** 90, **Total Fat** 0.5g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 80mg, **Total Carb.** 17g, **Dietary Fiber** 3g, **Sugar** 1g, **Protein** 5g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt.



EZEKIEL 4:9® SESAME SPROUTED WHOLE GRAIN BURGER BUNS



NUTRITION FACTS: Serving Size ½ Bun (38g), **Calories** 90, **Total Fat** 1g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 75mg, **Total Carb.** 17g, **Dietary Fiber** 3g, **Sugar** 1g, **Protein** 5g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt. Topped with Organic Sesame Seeds.

EZEKIEL 4:9® SPROUTED WHOLE GRAIN HOT DOG BUNS

NUTRITION FACTS: Serving Size 1 Bun (76g), **Calories** 180, **Total Fat** 1g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 160mg, **Total Carb.** 34g, **Dietary Fiber** 6g, **Sugar** 1g, **Protein** 10g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt.



Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	Pallet Tie	Cases Per Pallet	Shelf Life
Ezekiel 4:9® Sprouted Grain Burger Buns	213C6	073472002131	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen
Ezekiel 4:9® Sprouted Grain Sesame Burger Buns	215C6	073472002155	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen
Ezekiel 4:9® Sprouted Grain Hot Dog Buns	214C6	073472002148	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen

- Sprouted
- Flourless
- 6 Grains, Beans, Seeds & Sesame
- Complete Plant Protein
- High in Soluble and Insoluble Fiber
- Complex Energy
- Low Glycemic
- Whole Grains
- Certified Organic
- No Artificial Colors or Preservatives

**FOOD FOR LIFE
BAKING COMPANY, INC.**

2991 Doherty Street | Corona, CA 92879-5811
800-797-5090 | 951-279-5090
info@foodforlife.com

foodforlife.com